

Rest in peace the written assessment:
Changing landscape of ethics assessment in
higher education

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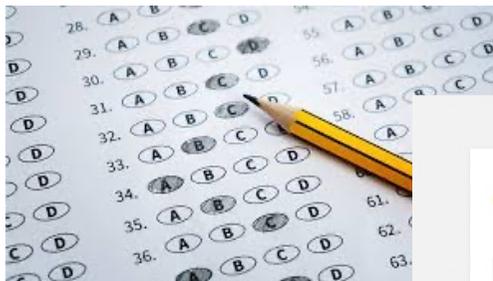
Acknowledgement of Place



Outline for today

- Punchline: Death to the written ethics assessment (the essay)
- Challenges with assessment format of ethics higher education
- Ways AI has infiltrated this space
- How the essay is compromised
- Why this matters
- Thoughts on how to move forward

How we examine ethics concepts



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Writing a Case Study Analysis

- 1 Prepare the case:**

 - Examine your case
 - Focus your analysis
 - Determine possible solutions
 - Select the best solution
- 2 Draft the case:**

 - Introduction
 - Background
 - Case evaluation
 - Proposed solutions
 - Recommendations
- 3 Finalize the case:**

 - Check your thesis statement
 - Check your evidence
 - Check the components of your analysis

Examples of an essay

Exercise and Its Impact on Mental Health

Physical exercise has been a fundamental part of human life since time immemorial. Throughout history, it has been recognized for its benefits to physical health, but today, we are increasingly discovering its positive influence on mental health. In this era of growing stress and anxiety, it is essential to explore how exercise can be an effective tool for improving our mental well-being. This essay will analyze the link between exercise and mental health, highlighting the importance of incorporating physical activity into our daily lives.

Physical exercise has numerous beneficial effects on mental health. Firstly, it helps to release endorphins, neurotransmitters that act as natural painkillers and generate a feeling of well-being and euphoria. This can be especially helpful for people struggling with depression and anxiety, as exercise can help improve their mood and reduce symptoms. Additionally, regular exercise contributes to reducing stress levels. When we face stressful situations, our bodies release stress hormones such as cortisol. Exercise helps to lower these hormones, which can decrease feelings of anxiety and tension. Finally, exercise is another crucial aspect of mental health, and exercise can play an important role in improving sleep quality. People who exercise regularly tend to sleep better and more deeply.

Exercise helps to achieve these goals, which are often unattainable without it. It has a positive impact on stress levels, helping to reduce the overall burden of stress. As a result, it leads to a more balanced and healthy lifestyle.



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Where does AI enter the picture



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Examples of an essay

Exercise and Its Impact on Mental Health

Physical exercise has been a fundamental part of human life since time immemorial. Throughout history, it has been recognized for its benefits to physical health, but today, we are increasingly discovering its positive influence on mental health. In this era of growing stress and anxiety, it is essential to explore how exercise can be an effective tool for improving our mental well-being. This essay will analyze the link between exercise and mental health, highlighting the importance of incorporating physical activity into our daily lives.

Regular physical exercise has numerous beneficial effects on mental health. Firstly, it helps to release endorphins, neurotransmitters that act as natural painkillers and generate a feeling of well-being and euphoria. This can be especially helpful for people struggling with depression and anxiety, as exercise can help improve their mood and reduce symptoms. Additionally, regular exercise contributes to reducing stress levels. When we face stressful situations, our bodies release stress hormones such as cortisol. Exercise helps to break down these hormones, which can decrease feelings of anxiety and tension.

Improved sleep is another crucial aspect of mental health, and exercise can play an important role in improving sleep quality. People who exercise regularly tend to sleep better and more deeply.

Setting and achieving goals is another important factor in mental health. Regular exercise helps to build self-discipline and confidence, which can lead to a sense of accomplishment and improved mental well-being.

In conclusion, regular physical exercise is a powerful tool for improving mental health. It helps to reduce stress, improve mood, and increase energy levels. By incorporating exercise into our daily lives, we can take control of our mental health and live a more fulfilling life.

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Death to the written ethics essay



Why does this matter?

- With teaching and assignments, we aim to assess knowledge, understanding and application. Written assessments are a measure now of how well one can use a tool to order ideas, with limited critical thought and understanding.
- At best, we are seeing students improving their expression, clarity and understanding, at worst, performance.



How do we manage this gap?

- What is ethics? And how do we ‘do’ ethics.
- Persons, in a room, talking to one another. Discussing ideas, seeking clarity and connecting the ideas to experiences, stories and people.
- Connecting this to assessment – have the conversations. Viva with some written work.



How do we do this?

- A balance between in person face to face conversations (not online!!!) and content to be reviewed before or after
- Provide resources for students to engage with but also come back to after discussions
 - If you must use AI – show its follies. Question the biases and where it may be doing the students a dirty
- Be radical, choose to challenge it, but secretly, going back to first principles.
- Break the system with its simplicity.

